

BRAZOS VALLEY ENDODONTIC ASSOCIATES

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The following advice is offered to minimize the amount of discomfort or any inconvenience, which may follow an endodontic procedure. These are suggestions, not absolute requirements, for every case. Some of the comments may not apply to your specific situation.

Your tooth and surrounding gum tissue may be sore for several days as a result of manipulation during treatment. As a general rule, if you had pain prior to the treatment then you should expect some pain after treatment. Occasionally two to four days after treatment you may have an increase in pain. This is NORMAL and no cause for alarm.

Do not chew food on the treated tooth until your root canal is completed and your tooth is restored with a permanent restoration. In most cases a temporary restoration will be placed. A permanent restoration, usually a crown, is required within 60 days to prevent leakage and reinfection of the tooth. Chewing on the treated side of the mouth, with only a temporary filling, may result in tooth fracture. Tooth fracture could compromise the ability to save your tooth. If the temporary restoration comes out of the tooth it is not an emergency, simply contact the office and the issue will be addressed. You should continue your regular dental hygiene regimen; be sure to brush the treated area unless otherwise directed.

Tylenol and Ibuprofen are very effective for relief of tooth-related pain. If you have pain that you cannot tolerate, swelling, or fever, please call our office immediately. **If your medical history allows it, take 500 mg Tylenol + 400-600 mg Ibuprofen together every 6 hours, as needed. Do not exceed 4000 mg Tylenol or 3,200 mg Ibuprofen in a 24 hour period.**

Please do not hesitate to contact the office should you have any questions or concerns (7-4:30 Mon-Thurs). Should you require emergency services after hours, contact Dr. Calkins or Dr. Hays.